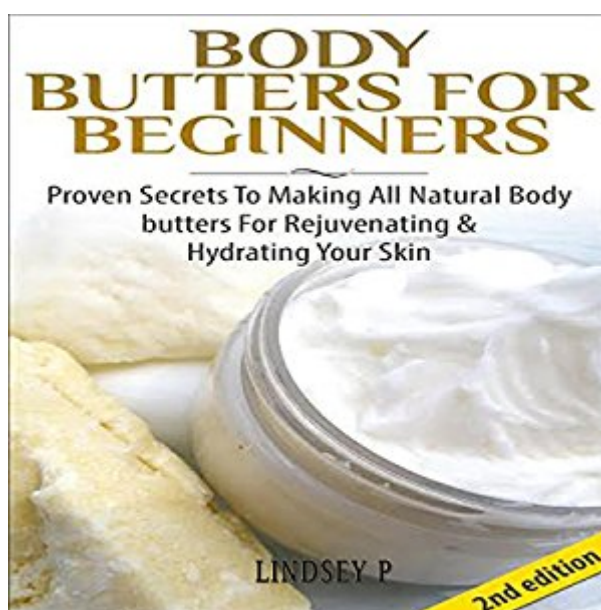


The book was found

Body Butters For Beginners [2nd Edition]: Proven Secrets To Making All-Natural Body Butters For Rejuvenating And Hydrating Your Skin



Synopsis

Do you know that having healthy and beautiful skin is as easy as ABC? Do you know that with simple-to-follow steps you can make your own body butters? This audiobook is great for the beginner or the expert chef. You can dish out a body butter recipe for you and your loved ones - not to be eaten of course, but to be applied on the skin! Beautiful skin makes all the difference when it comes to total physical beauty. How could it not? When you see famous celebrities in movies and on TV, the first thing you would usually notice about them is their flawless skin. These stars know the importance of taking care of their skin. It is not just superficial for them. How does one achieve an overall great and healthy skin? First, get to know the skin very well. What is it? What is it made of? What does it need? Topics covered: Deeper than skin deep Which is which? Discovering body butters Beauty within your reach Simple recipes for a great skin More tips for a healthier skin Setting up your own body butter shop Massage your body using body butter Preserving bath and body products Body butter myths debunked Much, much, more!

Book Information

Audible Audio Edition

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Customer Reviews

I've found much better information on various websites than in this book. The editing and proofreading appears to be non-existent. The author switches between methods of measurement from recipe to recipe. In some recipes, cups and teaspoons are used for measurement, but others are measured in grams. The writing is so inconsistent and riddled with errors that it irritated me to read it.

If there is one thing in my appearance that has always been troubling to me, it has been my skin. Sometimes I am downright uncomfortable in it. I never suffered real bad with acne or any other breakouts, but I have suffered all of my life with eczema. Out of all the things that I have tried, nothing has ever worked to any overwhelming degree. I cannot wait to try out some of these body butter recipes. It seems that these recipes will do more than all of the topical ointments I have tried, they will really penetrate down deep, rejuvenate my skin, and give me the moisture in my skin that I have always needed. The author does a great job of describing how to make these butters and what their uses are. I would highly recommend this book to anyone who has chronically suffered from dry skin like I have.

The Ultimate body butters Guide! Lindsey P does a great job explaining the advantages of body butters for rejuvenating and hydrating your skin and gives the best options to prepare them at home. It is all natural and taking care of your skin can be absolutely easy with this book. I'm a big believer of the importance of a healthy skin, so I'm always looking for new information on the subject. And I must admit this book blew my mind! It's a really nice compilation of advice and ideas on how to do it. I couldn't recommend this more!

While there was some useful information included in this book, she did not include any recipes to start the beginning body butter maker off with, and it read more like a college thesis than a book to inform beginners. I am glad that this was offered for free because if I had paid for it I would have been greatly disappointed.

Lots of good information in here. Since my mom and I both have autoimmune disorders we have been trying out natural body care remedies and there are some awesome recipes in here that I am looking forward to trying out.

It is interesting and easy to follow. I learned a lot of knowledge. My skin is also very sensitive so I wanted to learn about making my body butters. This book is all natural and taking care of your skin can be absolutely easy. This books are intended to not only educate, but also to share the knowledge and passion that the Author have gained through her struggles over the last few years.

To anyone who wants to know about the topic of Body Butters, this is the book for you! It has

everything I need to know about it, helps me out so much because of this. I have learnt so much from this book and I have also put it into play because it will help me out so much in my life! Great book would recommend it to anyone, and I mean anyone who wants something to do with Body Butters. For the price it is simply astonishing!

My wife has been needing something like this for a while now. I was just browsing like normal when I stumbled upon this. I decided to buy the book, and send it to her kindle, which was instant. She loved it and is always reading in her free time. Wonderful book, I would recommend this book to anyone's wives!

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